

نور على نور
LIGHT UPON LIGHT

DAILY
& MORNING
EVENING

ADHKAR

أَذْكَارُ الصَّبْحِ وَالْمَسَاءِ



A gift by:
Mufti Menk & Light Upon Light

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**..and remember Allāh often
that you may succeed.**

Quran 62:10



1.

ADHKAR:
AFTER SALAH



❖ Dhikr 1: ❖

أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ
اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

ASTAGHFIRULLĀH, ASTAGHFIRULLĀH, ASTAGHFIRULLĀH

ALLĀHUMMA ANTAS-SALĀM, WA MINKAS-SALĀM, TABĀRAKTA YĀ DHAL-JALĀLI WAL-'IKRĀM.

I seek the forgiveness of Allah (x3)

O Allah, You are The Flawless and The Source of Peace, and from You comes peace. Blessed are You, full of Majesty and Honour.

Virtue:

Thawban ﷺ reported that: "...when the Messenger of Allah ﷺ finished his prayer, he would say [the above]."¹

❖ Dhikr 2: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، اللَّهُمَّ لَا
مَانِعَ لِمَا أَعْطَيْتَ ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU, WA LAHU-L-
ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR, ALLĀHUMMA LĀ MĀN'FA LI-MĀ A'ĀṬAYT,
WA LĀ MU'ṬIYA LI-MĀ MAN'AT, WA LĀ YANFA'U DHA-L-JADDI MINKA-L-JADD.

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. O Allah, there is none who can withhold what You give, and none who can give what You withhold; and no might, power, or wealth of any mighty person can benefit them against You.

Virtue:

Warrad ﷺ narrated that: "Once Mughirah ﷺ dictated to me in a letter addressed to Mu'awiyah ﷺ that the Prophet ﷺ used to say after every compulsory prayer [the above]."²

❖ Dhikr 3: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ ، لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ عَبْدُهُ وَرَسُولُهُ

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU, WA LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR, LĀ ḤAWLA WA LĀ QUWWATA ILLĀ BI-LLĀH, LĀ ILĀHA ILLĀ-LLĀH, WA LĀ NA'BUDU ILLĀ IYYĀH, LAHU-N-N'IMATU WA LAHU-L-FAḌL, WA LAHU-TH-THANĀ'U-L-ḤASAN, LĀ ILĀHA ILLĀ-LLĀHU MUḤLIṢĪNA LAHU-D-DĪN, WA LAW KARIHA-L-KĀFIRŪN.

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. There is no power (to avert evil) or strength (to attain goodness) except through Allah. There is none worthy of worship besides Allah, and we do not worship any other besides Him. He alone is the source of all blessings and is the epitome of Merit, and to Him alone belongs the most excellent praise. There is none worthy of worship besides Allah; we sincerely devote our religion to Him, even though the disbelievers may dislike it.

Virtue:

Abdullah Ibn al-Zubayr ؓ uttered at the end of every prayer after the tasleem [the above]. (Abu Zubayr said): "The Messenger of Allah ﷺ would utter this at the end of every prayer."³

❖ Dhikr 4 ❖ (ONLY AFTER FAJR & MAGHRIB)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (x10)

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-ḤAMDU YUḤYĪ WA YUMĪT, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR. (x10)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise, He brings to life and He causes death and He is Able to do all things. (x10)

Virtue:

Abu Dharr ؓ narrated that the Messenger of Allah ﷺ said: "Whoever says [the above] 10 times after Maghrib and Fajr, whilst sitting in the position of tashahhud and before moving, Allah will record 10 good deeds, forgive 10 sins and raise him 10 levels in the next life for each time he says it. It will be a shield for him against all repulsive things and he will be guarded from Shaytan. No sin will be allowed to reach him that day except for shirk."⁴

❖ Dhikr 5: ❖

سُبْحَانَ اللَّهِ (x33) الْحَمْدُ لِلَّهِ (x33) اللَّهُ أَكْبَرُ (x33)
لا إله إلا الله وَحْدَهُ لا شريك له لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

SUBHĀNALLĀH (X33), ALḤAMDULILLĀH (X33), ALLĀHU AKBAR (X33)
LĀ ILĀHA ILLĀ ALLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU
WA LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR

Allah is free from imperfection.(X33), All praise be to Allah.(X33),
Allah is the Greatest.(X33)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things.

Virtues:

1. Abu Hurayrah ؓ narrated that the Messenger of Allah ﷺ said: "He who recites [the above] after every prayer will have all his sins forgiven even if they are as abundant as the foam of the sea."⁵

2. Abu Hurayrah ؓ narrated that Abu Dharr said: "O Prophet of Allah, the wealthy people are the ones who get all the rewards - they pray as we pray, fast as we fast, and they have surplus wealth which they give in charity. But we have no wealth which we may give in charity!"

The Messenger of Allah ﷺ said: "O Abu Dharr, should I not teach you some words which will allow you to attain the level of those who have surpassed you and which would prevent anyone else from catching up to you unless they say them too?" He said: "Please do O Messenger of Allah!"

He said: "say [the above] after each prayer."⁶

❖ Dhikr 6: ❖

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي
الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ
بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ
الْعَلِيُّ الْعَظِيمُ

ALLĀHU LĀ ILĀHA ILLĀ HUWA-L-ḤAYYU-L-QAYYŪM, LĀ TA'KHU DHUHŪ SINATUW-WA
LĀ NAWM, LAHŪ MĀ FI-S-SAMĀWĀTI WA MĀ FI-L-ARḌ, MAN DHĀ'LLADHĪ YASHFA'U
'INDAHŪ ILLĀ BI-IDHNĪH, YA'LAMU MĀ BAYNA AYDĪHĪM WA MĀ KHALFAHUM, WA LĀ
YUHĪTŪNA BI-SHAY'IM-MIN 'ILMIHĪ ILLĀ BI-MĀ SHĀ; WASĪ'A KURSIYUHU-S-SAMĀWĀTI
WA-L-ARḌ, WA LĀ YA'ŪDUHŪ HIFZUHUMĀ WA HUWA-L-'ALLIYU-L-'AZĪM.

Allah - there is no God worthy of worship except Him, He is the One who is the ever living without any death or deficiency, the Sustainer of all existence. Drowsiness or sleep does not come upon Him, due to the perfection of His life and existence. To Him belongs whatever is in the heavens and whatever is on the earth. Who could possibly intercede with Him without His acceptance and permission? He knows what has happened in the past and what will happen in the future, whilst the creation has no share of His knowledge unless He wills to grant them some of it. His Kursi covers the vastness of the heavens and the earth, and the preservation of both does not tire Him nor is it difficult for Him.

And He is the Most High, the Greatest.

Virtue:

Abu Umamah رضي الله عنه narrates that the Messenger of Allah صلى الله عليه وسلم said: "Whoever recites [the above] after every obligatory prayer, there is nothing that will prevent him from entering Paradise except death."⁷

❖ Dhikr 7: ❖

These three Surahs are to be recited *once* after Dhuhr, Asr and Isha, and *thrice* after Fajr and Maghrib.

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (x1) / (x3)

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (x1) / (x3)

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْحَيَّةِ وَالنَّاسِ ﴿٦﴾ (x1) / (x3)

QUL HUWA-LLĀHU AĤAD. ALLĀHU-Ş-ŞAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AĤAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ŞUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies." (X1) / (X3)

Say, "I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtues:

1. 'Uqbah ibn 'Amir ؓ said: "The Messenger of Allah ﷺ commanded me to recite [the above] at the end of every prayer."⁸
2. Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said: "We went out on a rainy and extremely dark night looking for the

Messenger of Allah ﷺ so that he could lead us in prayer.”

He said: “So I met him and he ﷺ said: “Say” but I did not say anything.

Then e ﷺ said: “Say” but I did not say anything. He ﷺ said: “Say”, so I asked: “What should I say?” He ﷺ said: “Say: [the above] when you reach the evening (after Maghrib) and when you reach the morning (after Fajr), three times, they will suffice you against everything.””⁹

2.

MORNING
ADHKAR



❖ Dhikr 1: ❖

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾ (x3)

QUL HUWA-LLĀHU AĤAD. ALLĀHU-Ş-ŞAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AĤAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ŞUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies." (X1) / (X3)

Say, "I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtue:

Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said: "We went out on a rainy and extremely dark night looking for the Messenger of Allah ﷺ so that he could lead us in prayer." He said: "So I met him and he ﷺ said: "Say" but I did not say anything. Then he ﷺ said: "Say" but I did not say anything. He ﷺ said: "Say", so I asked: "What should I say?" He ﷺ said: "Say: [the above] in the morning and evening three times, they will suffice you against everything."¹⁰

❖ Dhikr 2: ❖

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ،
وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ
الْكَيْبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ

AŞBAḤNĀ WA AŞBAḤA-L-MULKU LI-LLĀH, WA-L-ḤAMDU LI-LLĀH, LĀ ILĀHA ILLA-LLĀHU WAḤDAḤU
LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-ḤAMD, WA HUWA ‘ALĀ KULLI SHAY’IN QADĪR,
RABBI AS’ALUKA KHAYRA MĀ FĪ HĀDHA-L-YAWMI WA KHAYRA MĀ BA’DAH, WA A’UDHU BIKA MIN
SHARRI MĀ FĪ HĀDHA-L-YAWMI WA SHARRI MĀ BA’DAH. RABBI A’UDHU BIKA MINA-L-KASALI
WA SŪ’I-L-KIBAR, RABBI A’UDHU BIKA MIN ‘ADHĀBIN FI-N-NĀRI WA ‘ADHĀBIN FI-L-QABR.

We have entered a new day and with it the whole kingdom belongs to Allah. All praise is due to Allah. There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. My Lord, I ask You for the goodness of this day and of the days that come after it, and I seek refuge in You from the evil of this day and of the days that come after it. My Lord, I seek refuge in You from laziness and helpless old age. My Lord, I seek refuge in You from the punishment of Hellfire and from the punishment of the grave.

Virtue:

‘Abdullah ibn Mas‘ud ﷺ narrates that when the Messenger of Allah ﷺ used to enter the morning, he would say [the above].¹¹

❖ Dhikr 3: ❖

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

ALLĀHUMMA BIKA AŞBAḤNĀ WA BIKA AMSAYNĀ WA BIKA
NAḤYĀ WA BIKA NAMŪTU WA ILAYKA-N-NUSHŪR.

O Allah, You bring us the beginning of the day as You bring us its end, You bring us life and you bring us death, and to You is the Final Return.

Virtue:

Abu Hurayrah ﷺ narrated that the Messenger of Allah ﷺ used to say [the above] when he would enter the morning.¹²

❖ Dhikr 4: ❖

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ ، وَعَلَى كَلِمَةِ الْإِخْلَاصِ ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ ، وَعَلَى مِلَّةِ
أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

AŞBAHNĀ 'ALĀ FIṬRATI-L-ISLĀM. WA 'ALĀ KALIMATI-L-IKHLĀŞ, WA 'ALĀ DĪNĪ
NABIYYINĀ MUḤAMMADIN ŞALLALLĀHU 'ALAYHI WA SALLAM, WA 'ALĀ MILLATI
ABĪNĀ IBRĀHĪMA ḤANĪFAM-MUSLIMA, WA MĀ KĀNA MIN-L-MUŞRIKĪN.

We have entered the morning upon the natural religion of Islam, the statement of pure faith (Shahadah), the religion of our Prophet Muhammad, ﷺ and upon the way of our father Ibrāhīm, who turned away from all that is false and was upright (in worshipping Allāh) and a Muslim. He was not of those who worship others besides Allah.

Virtue:

'Abd al-Rahman ibn Abza ﷺ narrates that the Prophet ﷺ said [the above].¹³

❖ Dhikr 5: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِنَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ (x3)

SUBḤĀNA-LLĀHI WA BI ḤAMDIH, 'ADADA KHALQIH, WA RIḌĀ NAFSIH,
WA ZINATA 'ARSHIH, WA MIDĀDA KALIMĀTIH. (X3)

Allah is free from imperfection and all praise is due to Him, (in ways) as numerous as all He has created, (as vast) as His pleasure, (as limitless) as the weight of His Throne, and (as endless) as the ink of His words. (X3)

Virtue:

Juwayriyyah bint al-Harith ﷺ reported: "The Prophet ﷺ left (my home) in the morning as I was busy performing the dawn prayer. He came back in the forenoon and found me sitting there. He ﷺ asked: 'Are you still in the same position as I left you?' I replied in the affirmative. Thereupon the Prophet ﷺ said: 'I recited four phrases three times after I left you. If everything that you have said today was put in the scales, [the above] would outweigh it.'¹⁴

❖ Dhikr 6: ❖

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا
اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ سَرٍّ مَا صَنَعْتُ ، أُبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأُبُوءُ لَكَ بِذُنُوبِي ،
فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

ALLĀHUMMA ANTA RABBĪ, LĀ ILĀHA ILLĀ ANT, KHALAQTANĪ WA ANA ‘ABDUK, WA ANA ‘ALĀ ‘AHDIKA
WA WA‘DIKA MĀ‘STA‘AT, A‘ŪDHU BIKA MIN SHARRĪ MĀ ṢANA‘T, ABŪ‘U LAKA BI NI‘MATIKA ‘ALAYYA
WA ABŪ‘U LAKA BI-DHAMBĪ FA-GHFIR LĪ FA-INNAHŪ LĀ YAGHFIRU-DH-DHUNŪBA ILLĀ ANT.

O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Virtue:

Shaddad ibn Aws ؓ narrates that the Messenger of Allah ﷺ said:
“The most superior manner of seeking forgiveness is that you say [the above]. Whoever says it during the day with conviction and dies on the same day before the evening will be from the people of Paradise. And whoever says it during the night with conviction and dies before the morning, he will be from the people of Paradise.”¹⁵

❖ Dhikr 7: ❖

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَورَاتِي وَآمِنْ رَوْعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ
يَدَيْ ، وَمِنْ خَلْفِي ، وَعَنْ يَمِينِي ، وَعَنْ شِمَالِي ، وَمِنْ فَوْقِي ، وَأَعُوذُ بِعَظَمَتِكَ
أَنْ أُغْتَالَ مِنْ تَحْتِي

ALLĀHUMMA INNĪ AS‘ALUKA-L-‘AFWA WA-L-‘ĀFIYATA FI-D-DUNYĀ WA-L-ĀKHIRAH. ALLĀHUMMA
INNĪ AS‘ALUKA-L-‘AFWA WA-L-‘ĀFIYATA FĪ DĪNĪ WA DUNYĀYA WA AHLĪ WA MĀLĪ, ALLĀHUMMA-STUR
‘AWRĀTĪ WA ĀMIN RAW‘ĀTĪ. ALLĀHUMMA-HFAZNĪ MIM BAYNI YADAYYA WA MIN KHALFĪ, WA ‘AY-N
YAMĪNĪ WA ‘AN SHIMĀLĪ WA MIN FAWQĪ, WA A‘ŪDHU BI-‘AZAMATIKA AN UGHTĀLA MIN TAHTĪ.

O Allah, I ask You for forgiveness and protection in this world and the next.
O Allah, I ask You for forgiveness and protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my faults and calm my fears. O Allah, guard me from in front of me and behind me, from my right, and from my left, and from above me. I seek protection in Your Greatness from being unexpectedly destroyed from beneath me.

Virtue:

'Abdullah ibn Umar رضي الله عنه narrates that the Messenger of Allah صلى الله عليه وسلم never failed to utter [the above] supplications in the evening and in the morning.¹⁶

❖ Dhikr 8: ❖

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ ، أَشْهَدُ
أَنَّ لَا إِلَهَ إِلَّا أَنْتَ ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي ، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكِهِ ، وَأَنْ أَقْتَرِفَ
عَلَى نَفْسِي سُوءًا ، أَوْ أُجْرَهُ إِلَى مُسْلِمٍ

ALLĀHUMMA 'ĀLĪMA-L-GHAYBI WA-SH-SHAHĀDAH, FĀṬĪR-AS-SAMĀWĀTI WA-L-ARḌI, RABBA KULLI SHAY'IW-WA MALĪKAH, ASH-HADU AL-LĀ ILĀHA ILLĀ ANTA, A'ŪDHU BIKA MIN SHARRI NAFSĪ WA MIN SHARRI-SH-SHAYṬĀNI WA SHIRKIHĪ WA AN AQṬARIFA 'ALĀ NAFSĪ SŪ'AN AW AJURRAHŪ ILĀ MUSLIM.

O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Possessor of everything; I bear witness that there is none worthy of worship but You. I seek refuge in You from the evil of my own self, from the evil of Shaytan and from the evil of polytheism to which he calls, and from inflicting evil on myself or bringing it upon a Muslim.

Virtue:

Abu Bakr Al Siddiq رضي الله عنه said: "O Messenger of Allah, instruct me what to say in the morning and in the evening." He صلى الله عليه وسلم said: "Say [the above]."¹⁷

❖ Dhikr 9: ❖

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (x7)

HASBIYA-ALLĀHU LĀ ILĀHA ILLĀ HUWA, 'ALAYHI TAWAKKALTU,
WA HUWA RABBU-L-'ARSHI-L-'AZĪM. (X7)

Allah is sufficient for me. There is none worthy of worship except Him. I have placed my trust in Him only and He is the Lord of the Magnificent Throne. (X7)

Virtue:

Abu Al Darda' رضي الله عنه said: "Whoever says in the morning and in the evening [the above] seven times, Allah may He be exalted, will suffice him for what concerns him."¹⁸

❖ Dhikr 10: ❖

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ
إِلَى نَفْسِيْ ظَرْفَةَ عَيْنٍ

YĀ ḤAYYU YĀ QAYYŪM, BI-RAḤMATIKA ASTAGHĪTH, AṢLIḤ LĪ SHA'NĪ
KULLAH, WA LĀ TAKILNĪ ILĀ NAFSĪ ṬARFATA 'AYN.

O Ever Living One, O Eternal One; I seek assistance through Your mercy. Set right all of my affairs and do not place me in charge of myself even for the blinking of an eye.

Virtue:

Anas ibn Malik رضي الله عنه narrates that the Prophet صلى الله عليه وسلم said to Fatimah رضي الله عنها :
"What is preventing you from (doing) what I am advising you; that you say [the above] in the morning and evening?"¹⁹

❖ Dhikr 11: ❖

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ ، وَهُوَ السَّمِيعُ الْعَلِيمُ (x3)

BISMI-LLĀHI-LLADHĪ LĀ YAḌURRU MA'ASMIHI SHAY'UN FI-L-ARḌĪ
WA LĀ FI-S-SAMĀ'; WA HUWA-S-SAMĪ'U-L-'ALĪM. (X3)

In the Name of Allah, with whose Name nothing can harm on the earth nor in the sky, and He is The All-Hearing and All-Knowing. (X3)

Virtues:

1. Aban ibn 'Uthman narrated from 'Uthman ibn 'Affan ؓ who mentioned that the Messenger of Allah ﷺ said: "There is no servant who says [the above] three times every morning and evening, except that nothing will harm him."²⁰
2. He also narrated that the Messenger of Allah ﷺ said: "Whoever says [the above] three times in the morning will not be afflicted with a sudden calamity until the evening."²¹

❖ Dhikr 12: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ ،
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (x100)

LĀ ILĀHA ILLĀ-ALLĀH, WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULK, WA
LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR. (X100)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. (X100)

Virtue:

Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "He who says [the above] 100 times in a day will have a reward equivalent to that of freeing 10 slaves; 100 good deeds will be recorded for him; 100 sins will be erased from him; and it will be a protection for him against the shayṭān all that day until evening comes. None will surpass him in doing good deeds except someone who has recited these words more than him."²²

❖ Dhikr 13: ❖

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ (x100)

ASTAGHFIRU-L-LLĀHA WA ATŪBU ILAYH. (X100)

I seek Allah's forgiveness and repent to Him. (X100)

Virtues:

1. Al Agharr Al Muzani, who was from the Companions, reported that Allah's Messenger (ﷺ) said: "There are times where I feel my heart becomes covered with a veil and so I seek forgiveness from Allah a hundred times a day."²³
2. Burdah ﷺ narrated that we (the companions) were seated when the Messenger of Allah ﷺ came. He said: "No morning has passed by except that I have sought Allah's forgiveness in it a 100 times."²⁴

❖ Dhikr 14: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ (x100)

SUBHĀNA-LLĀHI WA BI ḤAMDIH. (X100)

Allah is free from imperfection and all praise is due to Him. (X100)

Virtues:

1. Abu Hurayrah ﷺ narrates that the Messenger of Allah ﷺ said: "Whoever says [the above] 100 times a day, all of his sins will be forgiven, even if they are as abundant as the foam of the sea."²⁵
2. Abu Hurayrah ﷺ narrates that the Messenger of Allah ﷺ said: "He who recites [the above] in the morning and in the evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more."²⁶

3.

EVENING
ADHKAR



❖ Dhikr 1: ❖

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾ (x3)

QUL HUWA-LLĀHU AĤAD. ALLĀHU-Ş-ŞAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AĤAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ŞUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies." (X1) / (X3)

Say, "I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtue:

Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said: "We went out on a rainy and extremely dark night looking for the Messenger of Allah ﷺ so that he could lead us in prayer." He said: "So I met him and he ﷺ said: "Say" but I did not say anything. Then he ﷺ said: "Say" but I did not say anything. He ﷺ said: "Say", so I asked: "What should I say?" He ﷺ said: "Say: [the above] in the morning and evening three times, they will suffice you against everything."²⁷

❖ Dhikr 2: ❖

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا بَعْدَهَا ،
وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَشَرِّ مَا بَعْدَهَا ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ
الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ

AMSAYNĀ WA AMSA-L-MULKU LI-LLĀH, WA-L-HAMDU LI-LLĀH, LĀ ILĀHA ILLA-LLĀHU WAḤDAHŪ
LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR, RABBI
AS'ALUKA KHAYRA MĀ FĪ HĀDHIHI-L-LAYLATI WA KHAYRA MĀ BA'DAH, WA A'ŪDHU BIKA MIN
SHARRI MĀ FĪ HĀDHIHI-L-LAYLATI WA SHARRI MĀ BA'DAH. RABBI A'ŪDHU BIKA MINA-L-KASALI
WA SŪ'L-KIBAR, RABBI A'ŪDHU BIKA MIN 'ADHĀBIN FI-N-NĀRI WA 'ADHĀBIN FI-L-QABR.

We have ended another day and with it the whole kingdom belongs to Allah. All praise is due to Allah. There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. My Lord, I ask You for the goodness of this night and of the nights that come after it, and I seek refuge in You from the evil of this night and of the nights that come after it. My Lord, I seek refuge in You from laziness and helpless old age. My Lord, I seek refuge in You from the punishment of Hellfire and from the punishment of the grave.

Virtue:

'Abdullah ibn Mas'ud ؓ narrates that when the Messenger of Allah ﷺ used to enter the evening, he would say [the above].²⁸

❖ Dhikr 3: ❖

اللَّهُمَّ بِكَ أَمْسَيْنَا وَبِكَ أَصْبَحْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ الْمَصِيرُ

ALLĀHUMMA BIKA AMSAYNĀ WA BIKA AṢBAḤNĀ WA BIKA
NAḤYĀ WA BIKA NAMŪTU WA ILAYKA-L-MAṢĪR.

O Allah, You bring us the end of the day as You bring us its beginning, You bring us life and you bring us death, and to You is our fate.

Virtue:

Abu Hurayrah ؓ narrated that the Messenger of Allah ﷺ used to say [the above] when he would enter the evening.²⁹

❖ Dhikr 4: ❖

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا
اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ سَرِّ مَا صَنَعْتَ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ لَكَ بِذُنُوبِي ،
فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

ALLĀHUMMA ANTA RABBĪ, LĀ ILĀHA ILLĀ ANT, KHALAQTANĪ WA ANA ‘ABDUK, WA ANA ‘ALĀ ‘AHDIKA
WA WA‘DIKA MĀ‘STAṬAT, A‘UDHU BIKA MIN SHARRĪ MĀ ṢANA‘T, ABŪ‘U LAKA BI NI‘MATIKA ‘ALAYYA
WA ABŪ‘U LAKA BI-DHAMBĪ FA-GHFIR LĪ FA-INNAHŪ LĀ YAGHFIRU-DH-DHUNŪBA ILLĀ ANT.

O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Virtue:

Shaddad ibn Aws ؓ narrates that the Messenger of Allah ﷺ said:
“The most superior manner of seeking forgiveness is that you say [the above]. Whoever says it during the day with conviction and dies on the same day before the evening will be from the people of Paradise. And whoever says it during the night with conviction and dies before the morning, he will be from the people of Paradise.”³⁰

❖ Dhikr 5: ❖

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَورَاتِي وَآمِنْ رَوْعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ
يَدَيَّ ، وَمِنْ خَلْفِي ، وَعَنْ يَمِينِي ، وَعَنْ شِمَالِي ، وَمِنْ فَوْقِي ، وَأَعُوذُ بِعَظَمَتِكَ
أَنْ أُغْتَالَ مِنْ تَحْتِي

ALLĀHUMMA INNĪ AS‘ALUKA-L-‘AFWA WA-L-‘ĀFIYATA FI-D-DUNYĀ WA-L-ĀKHIRAH. ALLĀHUMMA
INNĪ AS‘ALUKA-L-‘AFWA WA-L-‘ĀFIYATA FĪ DĪNĪ WA DUNYĀYA WA AHLĪ WA MĀLĪ, ALLĀHUMMA-STUR
‘AWRĀTĪ WA ĀMIN RAW‘ĀTĪ. ALLĀHUMMA-HFAZNĪ MIM BAYNI YADAYYA WA MIN KHALFĪ, WA ‘AY-N
YAMĪNĪ WA ‘AN SHIMĀLĪ WA MIN FAWQĪ, WA A‘UDHU BI-‘AZAMATIKA AN UGHTĀLA MIN TAHTĪ.

O Allah, I ask You for forgiveness and protection in this world and the next.
O Allah, I ask You for forgiveness and protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my faults and calm my fears. O Allah, guard me from in front of me and behind me, from my right, and from my left, and from above me. I seek protection in Your Greatness from being unexpectedly destroyed from beneath me.

Virtue:

'Abdullah ibn Umar ؓ narrates that the Messenger of Allah ﷺ never failed to utter [the above] supplications in the evening and in the morning.³¹

❖ Dhikr 6: ❖

اللَّهُمَّ عَالَمَ الْغَيْبِ وَالشَّهَادَةِ ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ ، أَشْهَدُ
أَنَّ لَا إِلَهَ إِلَّا أَنْتَ ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي ، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَهٖ ، وَأَنْ أَقْتَرِفَ
عَلَى نَفْسِي سُوءًا ، أَوْ أُجْرَهُ إِلَى مُسْلِمٍ

ALLĀHUMMA 'ĀLIMA-L-GHAYBI WA-SH-SHAHĀDAH, FĀTIR-AS-SAMĀWĀTI WA-L-ARḌI, RABBA KULLI SHAY'IW-WA MALĪKAH, ASH-HADU AL-LĀ ILĀHA ILLĀ ANTA, A'ŪDHU BIKA MIN SHARRI NAFSĪ WA MIN SHARRI-SH-SHAYṬĀNI WA SHIRKIHĪ WA AN AQṬARIFA 'ĀLĀ NAFSĪ SŪ'AN AW AJURRAHŪ ILĀ MUSLIM.

O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Possessor of everything; I bear witness that there is none worthy of worship but You. I seek refuge in You from the evil of my own self, from the evil of Shaytan and from the evil of polytheism to which he calls, and from inflicting evil on myself or bringing it upon a Muslim.

Virtue:

Abu Bakr Al Siddiq ؓ said: "O Messenger of Allah, instruct me what to say in the morning and in the evening." He ﷺ said: "Say [the above]."³²

❖ Dhikr 7: ❖

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (X7)

ḤASBIYA-ALLĀHU LĀ ILĀHA ILLĀ HUWA, 'ĀLAYHI TAWAKKALTU,
WA HUWA RABBU-L-'ARSHI-L-'AZĪM. (X7)

Allah is sufficient for me. There is none worthy of worship except Him. I have placed my trust in Him only and He is the Lord of the Magnificent Throne. (X7)

Virtue:

Abu Al Darda' ؓ said: "Whoever says in the morning and in the evening [the above] seven times, Allah may He be exalted, will suffice him for what concerns him."³³

❖ Dhikr 8: ❖

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ
إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

YĀ ḤAYYU YĀ QAYYŪM, BI-RAḤMATIKA ASTAGHĪTH, AṢLIḤ LĪ SHA'NĪ
KULLAH, WA LĀ TAKILNĪ ILĀ NAFSĪ ṬARFATA 'AYN.

O Ever Living One, O Eternal One; I seek assistance through Your mercy. Set right all of my affairs and do not place me in charge of myself even for the blinking of an eye.

Virtue:

Anas ibn Malik ؓ narrates that the Prophet ﷺ said to Fatimah ؓ :
"What is preventing you from (doing) what I am advising you; that you say [the above] in the morning and evening?"³⁴

❖ Dhikr 9: ❖

بِسْمِ اللّٰهِ الَّذِيْ لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْاَرْضِ وَلَا فِي السَّمَاءِ ، وَهُوَ السَّمِيْعُ الْعَلِيْمُ (X3)

BISMI-LLĀHI-LLADHĪ LĀ YAḌURRU MA'ASMIHI SHAY'UN FI-L-ARḌ
WA LĀ FI-S-SAMĀ'; WA HUWA-S-SAMĪ'U-L-'ALĪM. (X3)

In the Name of Allah, with whose Name nothing can harm on the earth nor in the sky, and He is The All-Hearing and All-Knowing. (X3)

Virtues:

1. Aban ibn 'Uthman narrated from 'Uthman ibn 'Affan ؓ who mentioned that the Messenger of Allah ﷺ said:

“There is no servant who says [the above] three times every morning and evening, except that nothing will harm him.”³⁵

2. He also narrated that the Messenger of Allah ﷺ said: “Whoever says [the above] three times in the morning will not be afflicted with a sudden calamity until the evening.”³⁶

❖ Dhikr 10: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ (x100)

SUBHĀNA-LLĀHI WA BIĤAMDIH. (X100)

Allah is free from imperfection and all praise is due to Him. (X100)

Virtues:

1. Abu Hurayrah ﷺ narrates that the Messenger of Allah ﷺ said: “Whoever says [the above] 100 times a day, all of his sins will be forgiven, even if they are as abundant as the foam of the sea.”³⁷

2. Abu Hurayrah ﷺ narrates that the Messenger of Allah ﷺ said: “He who recites [the above] in the morning and in the evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more.”³⁸

❖ Transliteration Key ❖

| | | | |
|---|----|-----|---|
| ض | D | ا | A |
| ط | T | آ-ي | Ā |
| ظ | Z | ب | B |
| ع | ' | ت | T |
| غ | GH | ة | T OR H <small>WHEN FOLLOWED BY ANOTHER ARABIC WORD</small> |
| ف | F | ث | TH |
| ق | Q | ج | J |
| ك | K | ح | H |
| ل | L | خ | KH |
| م | M | د | D |
| ن | N | ذ | DH |
| ه | H | ر | R |
| و | W | ز | Z |
| و | Ū | س | S |
| ي | Y | ش | SH |
| ي | Ī | ص | Ṣ |

| | | |
|---|-----------------|---|
|  | <i>FATHA</i> | <i>A</i> |
|  | <i>KASRA</i> | <i>I</i> |
|  | <i>ḌAM'MAH</i> | <i>U</i> |
|  | <i>SHAD'DAH</i> | <i>'</i> <small>DOUBLE LETTER WHEN AN APOSTOPHE IN BETWEEN</small> |
|  | <i>SUKŪN</i> | <small>ABSENCE OF A VOWEL</small> |

❖ References ❖

- [1] - Muslim 591
- [2] - Bukhari 844
- [3] - Muslim 594
- [4] - Tirmidhi 3474 & Ahmad 17990
- [5] - Muslim 597
- [6] - Abu Dawud 1504
- [7] - Nasa'i, 'Amal al-Yawm wal-Laylah 100
- [8] - Abu Dawud 1523 & Tirmidhi 2903
- [9] - Abu Dawud 5082 & Tirmidhi 3575
- [10] - Abu Dawud 5082 & Tirmidhi 3575
- [11] - Muslim 2723
- [12] - Abu Dawud 5068
- [13] - Ahmad 14938
- [14] - Muslim 2726 & Abu Dawud 1503
- [15] - Bukhari 6306
- [16] - Abu Dawud 5074
- [17] - Tirmidhi 3392 & 3529
- [18] - Abu Dawud 5081
- [19] - Nasa'i, Sunan al-Kubra 6/147 & 'Amal al-Yawm wa-l-Laylah 570
- [20] - Tirmidhi 3388
- [21] - Abu Dawud 5088
- [22] - Bukhari 3293 & Bukhari 6403
- [23] - Muslim 2702
- [24] - Tabarani, al-Mu'jam al-Awsat 3879
- [25] - Bukhari 6405 & Muslim 6842
- [26] - Muslim 2692
- [27] - Abu Dawud 5082 & Tirmidhi 3575
- [28] - Muslim 2723
- [29] - Abu Dawud 5068

[30] - Bukhari 6306

[31] - Abu Dawud 5074

[32] - Tirmidhi 3392 & 3529

[33] - Abu Dawud 5081

[34] - Nasa'i, Sunan al-Kubra 6/147 & 'Amal al-Yawm wa-l-Laylah 570

[35] - Tirmidhi 3388

[36] - Abu Dawud 5088

[37] - Bukhari 6405 & Muslim 6842

[38] - Muslim 2692





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